

Exam. Code : 113604  
Subject Code : 3905

Bachelor of Vocation (Mental Health Counselling)  
4<sup>th</sup> Semester (Batch 2020-23)

**GROUP COUNSELLING**

**Paper—II**

Time Allowed—3 Hours] [Maximum Marks—100

**Note** :—Attempt **FIVE** questions in all, selecting at least **ONE** question from each section. The **fifth** question may be attempted from any section. All questions carry equal marks.

**SECTION—A**

1. Define Group Counselling. What are functions of Group Counselling ? 20
2. Explain stages of Group Counselling. 20

**SECTION—B**

3. Explain process or stages of group formulation. 20
4. Write notes on :
  - (i) Follow up
  - (ii) Evaluation. 10,10

**SECTION—C**

5. What are roles and functions of group co-leader ? 20

6. Explain counselling skills :
- (i) Group formation skills
  - (ii) Session focused skills. 20

**SECTION—D**

7. Explain Humanistic-Existential group counselling approach. 20
8. Write note on Transactional Analysis. 20